



K 12 Breakfast Menu August / September 2023



TOGETHER - Preparing EVERY
Student for Future Success

Monday August 21, 2023	Tuesday August 22, 2023	Wednesday August 23, 2023	Thursday August 24, 2023	Friday August 25, 2023
CONVOCATION DAY	PREP DAY	Breakfast Pizza	Hand made Tie-Dye Donuts	Ham, egg & Cheese on a English Muffin
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Monday August 28, 2023	Tuesday August 29, 2023	Wednesday August 30, 2023	Thursday August 31, 2023	Friday September 1, 2023
Super Bakery Banana or Blueberry Loaf Slice	Egg & Cheese on a Biscuit	Breakfast Mini Donuts	Sausage, Egg & Cheese on a Bagel	Pancakes & Sausage Patty
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Monday September 4, 2023	Tuesday September 5, 2023	Wednesday September 6, 2023	Thursday September 7, 2023	Friday September 8, 2023
LABOR DAY NO SCHOOL	PD DAY NO SCHOOL	Mini Cinni Cinnamon rolls	Ham, Egg & Cheese Crossaint	Pancake and Sausage Wrap
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Monday September 11, 2023	Tuesday September 12, 2023	Wednesday September 13, 2023	Thursday September 14, 2023	Friday September 15, 2023
Belgain Waffle w/ Sausage Patty	Egg & Cheese on a Bagel	Breakfast Pizza	Hand made Frosted Donuts	Sausage, Egg & Cheese on a Biscuit
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Monday September 18, 2023	Tuesday September 19, 2023	Wednesday September 20, 2023	Thursday September 21, 2023	Friday September 22, 2023
Strawberry Filled Pull Apart Soft bagel	Breakfast Banana Split (Yourt, banana, blueberries strawberries, whip topp)	Egg & Cheese Crossaint	Mini Eggo Waffles	Bacon, Egg & Cheese on a Biscuit
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Monday September 25, 2023	Tuesday September 26, 2023	Wednesday September 27, 2023	Thursday September 28, 2023	Friday September 29, 2023
Apple Frudel	Bacon, Egg, & Cheese on a English Muffin	Breakfast Pizza	Sausage, Egg & Cheese Crossaint	Breakfast Muffin
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Student Paid Breakfast \$0.00		Student Reduced Breakfast \$0.00		Adult Breakfast \$2.75

DAILY BREAKFAST OPTIONS MAY INCLUDE:
Whole Grain Cereal Selection May Include: Reduced Sugar Cinnamon Toast Crunch Reduced Sugar Coca Puffs Lucky Charms. Items Served at the Elementary Schools everyday are Cereal and Toast as well as Yogurt, Cheese Stick and Grahams. Items Served at the HS/JHS everyday include Cereal and Toast, Breakfast Pizza, Donuts, Muffins, Pull apart bagel with strawberry filling, cinnamon Roll, Chocolate Chip & Banana Benefit Bar

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit (at least 1/2 cup must be taken with every breakfast) and
Choice of Milk
Choice of Milk - 1% white, fat-free white, and fat-free chocolate

Fruit May include:
Must choose at least 1/2 cup

Canned peaches, applesauce, canned pears, canned pineapple, fruit cocktail, mandarin oranges, 100% juice

Fresh Fruit Selections May Include:
Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, and Mandarin Oranges.

Nutrition Service Director
John Dzurina
440-661-4351 (x11043)
john.dzurina@aacsc.net
Nutrition Services Supervisor
JoEll Rapose
440-993-2490 (x14009)
joell.rapose@aacsc.net

Menu subject to change based upon product availability

This Institution is an equal opportunity provider.

For your convenience we now offer a way to pay online. Go to "www.payschoolscentral.com" to find out more.